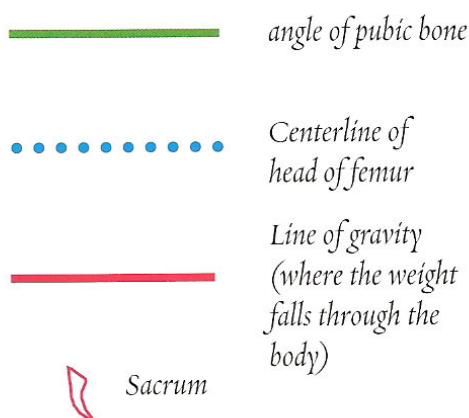


Where the Weight SHOULD Be

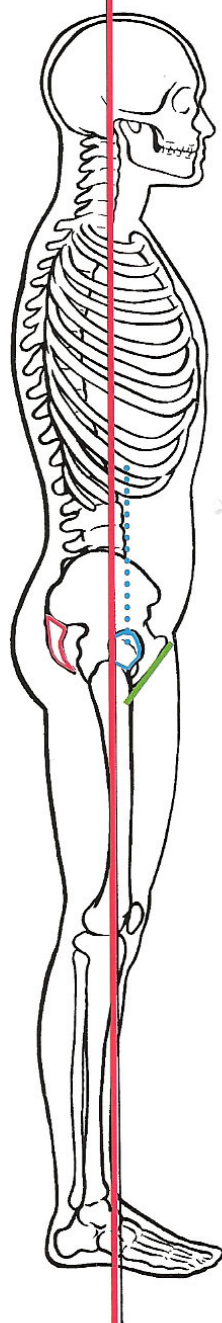
This traditional medical drawing illustrates currently accepted “good posture.” It clearly gives evidence how, if you stand this way, you in fact have less bone in line with gravity compared to the *Body Balance* posture.



Lisa Ann standing in the traditional standing posture.



Traditional medical illustration of standing posture



- See how the pubic bone is in front of the body.
- See how the sacrum is tucked.
- See how the head of the femur is not in line with the spine.